

CHICO – COMMUNITY CALENDAR



JUNE



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 Global Running Day 	2 Tai Chi 2:30PM – 4PM Masonic Lodge 1110 W East Ave	3	4
5  NATIONAL CANCER SURVIVORS DAY	6	7	8	9 Tai Chi 2:30PM – 4PM Masonic Lodge 1110 W East Ave	10	11 FAMILY HEALTH & FITNESS DAY
12	13	14	15	16 Tai Chi Retinal Screening Day East Ave	17 WEAR BLUE DAY	18
MEN'S HEALTH AWARENESS WEEK						
19 Father's Day JUNE TEENTH FREEDOM DAY	20 NVIH CLOSED	21 Summer Begins A Matter of Balance 9:30-11:30am Children's Health Center	22 D.E.E.P. 1PM - 3PM Willows GCOE	23 Tai Chi A Matter of Balance 9:30-11:30am Children's Health Center	24	25
26	27	28 A Matter of Balance 9:30-11:30am Children's Health Center	29 D.E.E.P. 1PM - 3PM Willows GCOE	30 Tai Chi A Matter of Balance 9:30-11:30am Children's Health Center		

If you have questions, contact the Community Health & Outreach Department at 530-899-5156.

Community Health & Outreach Staff

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Coordinator
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Health LVN
Ext: 1168

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Community
Health Worker
Ext 1871



Injury Prevention Programs at Northern Valley Indian Health

- Home Safety Equipment and Smoke Detectors
- A Matter of Balance
- Tai Chi
- Narcan and Medication Lock Boxes
- Child Safety Seats
- Bike Helmets
- Life jackets