



Northern Valley Indian Health, Inc.

Your Health. Our Mission.

[www.NVIH.org](http://www.NVIH.org)

# COVID-19 Vaccine

*Coming Soon*

At NVIH, we are here to support your health. Our specially trained Medical and Community Health & Outreach teams are working hard to provide the COVID-19 vaccines at no cost to patients (available insurances may be billed for vaccine administration fees).

## *Frequently Asked Questions*

### **Will NVIH offer the COVID-19 vaccine?**

Yes, NVIH will offer the COVID-19 vaccine.

### **When will NVIH offer the vaccine to patients?**

Vaccines will be administered based on availability and prioritization as determined by CDC & CDPH.

### **Can I make an appointment for the vaccination?**

Patients are encouraged to pre-register with our clinics. Once the vaccine is available, patients will be notified. At that time, you will be able to schedule an appointment. In addition, staff are working to schedule mass vaccination clinics at each of our primary care clinics.

### **When will the vaccine be offered to the general public?**

The COVID-19 vaccine should be available for most adults in 2021. Priority is given to adults that fall into a higher risk category, as designated by the CDC & CDPH.

### **Is the vaccine FREE?**

The vaccine is free of cost to established patients of NVIH.

### **How many doses is the COVID-19 vaccine?**

Both the Moderna and Pfizer-BioNTech COVID-19 vaccines require 2 doses separated by 28 days or 21 days respectively. A series started with one product will be completed with the same product.

### **Do I need to wear a mask when I receive the Covid-19 vaccine?**

Yes. CDC recommends that masks continue to be worn. NVIH will maintain our current masking, social distancing, and health screening policy.

### **What personal health matters should I communicate with NVIH staff when considering to receive the COVID-19 vaccine?**

People who have a history of severe allergic reactions, are pregnant, or have any other concerns should discuss with NVIH staff to determine if the vaccine is the right choice.

### **Why would a vaccine be needed if we can do other things like social distance and wear a mask to prevent the virus from spreading?**

Vaccines work with your immune system so your body will be ready to fight the virus if you are exposed. Mask wearing, social distancing and proper handwashing further reduce chances of exposure and spreading. Following CDC guidelines and obtaining the vaccination will offer the best protection from COVID-19.

### **If I have already had coronavirus, do I still need to be vaccinated?**

CDC recommends that those who have recovered from COVID-19 still get the vaccine as long as supplies are available. Anyone currently infected with COVID-19 should not get vaccinated until the illness has resolved and after they have met the criteria to discontinue isolation. Please visit the CDC website for criteria to discontinue isolation.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html>

### **What side effects should I expect?**

The most common side effects from the COVID-19 vaccines include:

- Pain, redness, swelling at injection site
- Fatigue
- Headache
- Muscle pain
- Chills
- Fever
- Joint pain
- Nausea
- Feeling unwell
- Swollen lymph nodes

Most people experienced these side effects after the second dose. These side effects should only last 1-2 days and most recipients stated it did not interfere with their day-to-day activities. If the symptoms last longer than a few days, please consult with your primary care provider.